

# LISA E. HAKE, MD

*ABPN Board-Certified Psychiatrist | Fellowship-trained in Integrative Psychiatry*

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[YoureNotAlonePsychiatry.com](https://www.YoureNotAlonePsychiatry.com)



## SUMMARY

Board-certified psychiatrist specializing in geriatric psychiatry with extensive leadership experience as a Medical Director, and expertise in managing high-acuity psychiatric presentations with significant medical comorbidity across inpatient, residential, and outpatient settings. Founder of a private telepsychiatry practice providing integrative psychiatric care to adults and older adults across Oregon, including diagnostic evaluation, medication management, and psychotherapy with an emphasis on whole-person wellness. Recognized for an emotionally intelligent, collaborative clinical style, and for bridging evidence-based psychiatry with integrative and personality-informed approaches to advance high-quality mental health care through interdisciplinary practice and innovation.

## EXPERIENCE

You're Not Alone  
Psychiatry, Bend, Oregon  
2025 - Present

### Founder & Outpatient Psychiatrist (Telepsychiatry)

- Founded a private telepsychiatry practice providing integrative psychiatric care for adults and older adults across Oregon
- Provides diagnostic evaluations, medication management, and psychotherapy with an emphasis on whole-person wellness
- Specializes in geriatric psychiatry, personality disorders, and complex psychiatric presentations

OHSU Hillsboro Medical  
Center – Center for  
Geriatric Psychiatry,  
Hillsboro, Oregon  
2025 - Present

### Inpatient Geriatric Psychiatrist

- Provides inpatient geriatric psychiatric care for older adults requiring acute crisis stabilization in one of only three acute inpatient geriatric psychiatry centers in Oregon
- Treats older adults with complex psychiatric presentations, including mood disorders, psychotic disorders, catatonia, neurocognitive disorders, and significant medical comorbidities

Juniper Canyon Living,  
Redmond, Oregon  
2021 - 2025

- Conducts comprehensive diagnostic evaluations integrating medical, cognitive, and psychiatric assessment to guide individualized treatment planning
- Collaborates closely with nursing, social work, occupational therapy, and medical teams to support safe discharge planning and continuity of care
- Delivers compassionate, evidence-based psychiatric treatment within an academic medical center setting

### Director of Psychiatry / Geriatric Psychiatrist

- Directed psychiatric services for a 108-bed Special Needs Residential Care Facility serving individuals with serious mental illness, traumatic brain injury, and major neurocognitive disorders
- Implemented person-centered care plans to reduce challenging behaviors and improve quality of life
- Led interdisciplinary teams to optimize care delivery and ensure compliance with state and federal regulations

Kaiser Permanente  
Medical Center, Santa  
Rosa, California  
1993 - 2006

### Ophthalmologist, Assistant Chief

- Oversaw departmental operations and patient care as Assistant Chief, Department of Ophthalmology
- Chaired the Ethics Committee, conducting inpatient rounds and educational conferences
- Studied bioethics at the Kennedy Institute for Ethics at Georgetown University and the Department of Bioethics & Humanities, University of Washington School of Medicine
- Served as Chief of Medical Staff, elected by peers
- Achieved highest regional patient satisfaction scores; trained physicians in communication and cultural competence
- Member, Adverse Event Situations Management Team; Physician Wellness Committee; Healthcare Ombudsman/Mediator

University of Arizona  
College of Medicine,  
Tucson, AZ  
2019 - 2021

### Fellowship in Integrative Psychiatry

University of New  
Mexico, Albuquerque, NM  
2018 - 2021

### Residency in Psychiatry (Chief Resident of Psychotherapy)

University of California,  
San Francisco, CA  
1990 - 1993

### Residency in Ophthalmology (Chief Resident)

St. Mary's Hospital &  
Medical Center, San  
Francisco, CA  
1989 - 1990

### Internship in Internal Medicine

## EDUCATION

Stanford University  
School of Medicine,  
Stanford, CA

1984 - 1989

University of North  
Carolina at Chapel Hill,  
Chapel Hill, NC

1980 - 1984

Doctor of Medicine

Bachelor of Science in Zoology

## CLINICAL & PROFESSIONAL SKILLS

### Leadership

- Medical Directorship
- Chief of Department
- Chief of Medical Staff
- Chief Resident
- Chair of Ethics Committee

### Psychotherapeutic Expertise

- Motivational Interviewing (MINT Certified Trainer; MITI Coding for Feedback)
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Acceptance and Commitment Therapy (ACT)
- Mentalization-Based Therapy (trained at McLean Hospital and the Anna Freud National Centre)

### Specialized Psychiatric Care

- Geriatric Psychiatry
- Personality Disorders
- Neurocognitive Disorders
- Telepsychiatry

### Additional Training & Modalities

- Certified Brain Injury Specialist
- Hearing Voices Network Facilitator
- Emotional Freedom Technique (EFT)
- Clinical Hypnotherapy
- Neuro-Linguistic Programming (NLP)
- Eye Movement Desensitization and Reprocessing (EMDR)

# PROFESSIONAL LEADERSHIP, POLICY & ADVISORY ROLES

Oregon Department of  
Human Services  
2025

## Geriatric Psychiatry Representative

Oregon Residential Care & Assisted Living Quality Measurement Council

- Served on a statewide advisory council focused on quality metrics, standards of care, and regulatory oversight
- Contributed clinical expertise to the design and implementation of statewide quality measurement initiatives

Oregon Psychiatric  
Physicians Association  
(OPPA)  
2025 - Present

## Member, Legislative Committee

- Advises on state-level policy initiatives affecting psychiatric practice and access to care
- Supports OPPA legislative priorities through clinical review and advocacy

# PRESENTATIONS & INVITED LECTURES

Invited Webinar,  
Northwest Addiction  
Technology Transfer  
Center (ATTC), Region 10  
Aug 2025

## Tailoring Motivational Interviewing to Core Personality Patterns in Dual Diagnosis Treatment

- Delivered as part of a federally funded Region 10 training series (WA, OR, AK, ID), opened by Dr. William R. Miller
- Introduced the emerging framework of Personality-Informed Motivational Interviewing (PI-MI), a method for tailoring Motivational Interviewing strategies to individual personality patterns, with application to dual diagnosis treatment

Motivational Interviewing  
Training Center (MITC)  
2025 - Present

## Personality-Informed Motivational Interviewing (PI- MI)

- Ongoing invited lecture series with development of a formal clinical handbook and case-based teaching materials

# RESEARCH, INNOVATION, & THOUGHT LEADERSHIP

## Personality-Informed Motivational Interviewing (PI-MI)

2025 - Present

### Founder and Thought Leader

- Originated and integrated a clinical framework synthesizing Motivational Interviewing with personality structure, developmental psychology, and motivational theory to tailor change strategies in complex and dual-diagnosis populations
- Applied the model in invited trainings, consultation, and interdisciplinary clinical settings, with ongoing development into a formal clinical handbook and case-based teaching materials
- Engaged in ongoing collaboration and dialogue with Motivational Interviewing educators to refine clinical applications and align with MI fidelity frameworks (MITI)

### Selected Platforms & Applied Work

- You're Not Alone Psychiatry – private telepsychiatry practice providing integrative psychiatric care; primary clinical setting for application, refinement, and clinical testing of PI-MI
- You're the Oracle – executive coaching and consulting practice applying personality-informed and symbolic inquiry frameworks to self-development, decision-making, and meaning-making

### Selected Books & Manuscripts in Progress

- Personality-Informed Motivational Interviewing: Tailoring Conversations for Change
- A Developmental Quadrant Model of Personality: Integrating Trait Theory, Motivation, and Symbolic Psychology
- The Enneagram as a Developmental Personality Model: A Clinical Reinterpretation
- A Motivational Interviewing-Informed Approach to Intuitive Consultation
- Personality-Informed Somatic Reprogramming

## PUBLICATIONS

- Hake, L.E., et al., "Method and Apparatus for Eye Tracking for Convergence and Strabismus Measurement," US Patent #5,491,492, February 1996.
- Additional articles in genetics and ophthalmology published in peer-reviewed journals.

# PROFESSIONAL MEMBERSHIPS

- American Psychiatric Association
- Oregon Geriatric Society
- Motivational Interviewing Network of Trainers (MINT)
- Oregon Psychiatric Physicians Association (OPPA), Legislative Committee
- International Society for Psychological and Social Approaches to Psychosis (ISPS-US)
- Academy of Certified Brain Injury Specialists (ACBIS)
- American Academy of Psychodynamic Psychiatry and Psychoanalysis
- American Psychoanalytic Association

# CERTIFICATIONS AND LICENSURE

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- 2021 • Board Certification in Psychiatry (#79756)
  - 2021 - Present • Oregon Medical License (MD203410)
  - 1994 • Board Certification in Ophthalmology
  - 1990, 2021 • California and New Mexico Medical Licenses

# HONORS & AWARDS

## Psychiatry Residency

- Diana K. Quinn, MD Award for Compassion and Service
- Legislative Liaison, Psychiatric Medical Association of New Mexico
- Mentorship, American Psychoanalytic Association

## Ophthalmology Residency

- Asbury Award for Excellence in Clinical Ophthalmic Research

## Medical School

- Katharine McCormick Scholarship
- Stanford Medical Student Scholars Program
- Teaching Assistant and Lecturer, Stanford School of Medicine
- Research Assistant, Dr. Luca Cavalli-Sforza, Department of Genetics, Stanford University School of Medicine
- Admissions Panel, Stanford University School of Medicine
- Preceptorship, Dr. Irene Maumenee, Ophthalmic Genetics, Wilmer Eye Institute, Johns Hopkins University

## Undergraduate

- Phi Beta Kappa, Summa Cum Laude
- Irvine R. Hagadorn Award for Excellence in Biology
- James M. Johnston Scholarship for Outstanding Leadership and Academic Performance

# AVOCATIONS

## Certified Yoga Instructor

- Specialist in Guided Meditation, Breathing Techniques, and Sound Therapy that enhance patient care

## Certified Enneagram Teacher

- Research in personality development and attachment theory to complement psychotherapy

## Songwriter

- Recorded two albums supported by Irish Arts Council Grants
- "Music that'll seep deep into the veins given half a chance." Irish Times

# REFERENCES

- Available upon request.